

Policy & Arrangements for being Covid-Secure Ashore at WSC

(updated 2nd Dec 2020)

1. Policy

The purpose of this Policy is to define the basis upon which Covid-security will be maintained at Weston Sailing Club (WSC). Wherever possible, you must adhere to the relevant UK Government social distancing guidance. In circumstances ashore where social distancing is not feasible, mitigations should be implemented in line with Government and RYA Advice.

2. Essential steps

2.1. Before you arrive

- Self-symptom check for COVID-19 before you leave home:
 - **Do not attend the Club if you, or anyone else in your household, have symptoms of Covid-19**
 - **Do not attend the Club if you, or anyone else in your household, are quarantined following a NHS Test and Trace contact, or after returning from abroad**
- Assess personal risk to you and that of your group of visiting WSC and limit car sharing

2.2. Arriving at the club

- Register your arrival at the club using our QR code for 'test and trace' or inform the Galley staff
- Sanitise hands on entering and leaving club buildings and prior to touching any shared surface
- Maintain social distancing at all times whilst ashore. There is Yellow/Black hazard tape on the floor to mark **2m** between groups/individuals
- Face Coverings must be worn at all times inside club buildings unless seated and eating/drinking

3. Clubhouse and Galley/Bar

The WSC Policy request that members and visitors should 'be considerate' and 'be conservative':

- There is a 'one-way' flow through the Club room to the Bar and Galley
- Entry is only via the Fire escape door (near the bar) and exit through the glass Patio double door. There is no entry or re-entry to the club room via the patio glass double door
- This one-way route also leads to the toilets, but please then exit via the solid door onto the patio (i.e. past the lockers). There is no re-entry to the club room directly from the toilets
- Please pre-order and pay (cash only) for any food that will require preparation (e.g. sandwiches) before you go sailing. This will then be available for you to collect afterwards, with your name on it, on a table by the glazed patio exit doors
- Limited tables/seating will be available in the club room and, if the weather is fine/settled, outside on the patio. **You can share a table ONLY with your own household (Tier 2)**
- **You should remain socially distanced from anyone not in your household (or bubble)**
- Please be aware that if the weather deteriorates, there may not be space in the club room, as the maximum capacity is **18** (including those queuing). Alternative sheltered seating may be available in poor weather conditions in the Training Shed
- Additional cleaning and hygiene arrangements has been implemented in the Galley and Bar

4. Changing Rooms

Please note that it remains our strong recommendation that members and visitors arrive at WSC in your sailing kit, or change discreetly in your car, and travel home to change/shower. WSC changing rooms and shower facilities can be used, but participants must adhere to gathering limits while indoors, wear masks, and maintain social distancing wherever possible. You should minimise the time you spend in the changing area and follow the guidance below (4.1 and 4.2). Team talks/briefings and other gatherings should not take place in changing rooms under any circumstances. Access will be maintained for those with disabilities and will be important to warm up in bad weather (e.g. after prolonged water immersion)

See: <https://www.gov.uk/guidance/coronavirus-covid-19-grassroots-sports-guidance-for-the-public-and-sport-providers>. Please also review [RYA Sailing in Mixed Households](#), and in particular the 'participant proximity' flow diagram, to help you to understand and mitigate the risks.

4.1. Men's Changing

- We have reduced the changing capacity to approx. 30% and only two showers are now available
- There is a one-way system marked by arrows on the and when exiting the changing room please choose a route to avoid someone still changing
- There are 11 individual 'bays' that have been marked out using yellow/black hazard tape
- Please fill the bays nearest the fire exit first, and sit between these tape markings to maintain 2m social distancing
- When you are exiting the changing room, please choose a route to avoid someone still changing

4.2. Women's Changing

- Capacity is nearer 50% due to the floor space and layout, and all showers are available
- There is **NO** one-way system, so please ensure you allow adequate social distancing by avoiding close 'face to face' interactions (see RYA link above)
- There are 5 individual 'bays' that have been marked using yellow/black hazard tape
- Try to fill alternate bays if possible and when exiting the changing room please choose a route to avoid someone still changing

4.3. Both Changing rooms

- There are laminated A4 sheets hanging in each available bay. A 'green tick' indicates the bay has not been occupied since last cleaned, a 'red cross' means that it has
- A red cross does not mean that you cannot use it; this is just for your risk awareness and you may decide to move to another 'green tick' bay, or not use the changing rooms at all
- **Once you have used a bay, please always ensure you leave it with the 'red cross' displayed**
- Benches that are not for use have been marked with Red/White crowd control tape, please do not remove this. If all changing bays are already in use, please return later!
- To keep the maximum capacity available and safe for others, no bags or clothing are to be left in the yellow/black marked bays
- Please return your kit to your car but, or, only use the benches marked with Red/White tape in the centre of the changing rooms.
- WSC will not be liable for any losses from unattended bags or clothes left in the changing room

5. Health & Welfare

Nothing in this Policy should be interpreted as encouraging members or visitors to visit WSC, use Dinghies or other watercraft, or visit with people who are not from their household. Please refer to the Covid-secure Racing policy if you are going afloat.